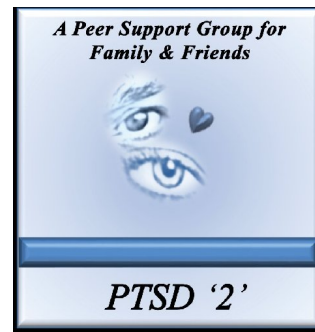


PTSD '2' Report 8/2008

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Co-facilitators



Did you ever wonder why PTSD '2' has a logo with 2 eyes?

The eyes represent a man and a woman. She is seeing herself through the eyes of her mate. The heart signifies love.

The '2' used after PTSD stands for also. Which is the subject of our program – Secondary PTSD.

As a peer support group we have seen that support is so important. Who better to understand than those experiencing the same symptoms?

We will be starting our facilitator training again in the near future.

If this is of interest to you, start at [avva.org](http://www.avva.org), click the Programs site. You will see the link for Secondary PTSD.

<http://www.avva.org/sptsd.html>

During the National Leadership and Education Conference held in Palm Springs, Secondary PTSD presented a workshop. We were joined by Dr. Tom Berger and Dr Tom Hall – VVA.

After the opening remarks and a presentation by myself and Nina, we went to the audience for the remainder of the program. We, also, joined in as the audience went into groups to discuss their feelings on Secondary PTSD. This was very productive as being able to talk about your symptoms, thoughts and perhaps how it affects your loved one is vital.

We had a great group of attendees and received many "thank yous" and "job well done."



It is amazing the number of VVA members that come into our workshops. We truly appreciate their attending. I get the feeling that they feel comfortable and that is what we strive for.

Does Secondary PTSD – PTSD '2' interest you? If you would like more information or become a facilitator for your area, please contact either Nina Schloffel or myself, Elayne Mackey. (emails above)

You may not realize just what you have to offer others.

Remember, we are not counselors; simply friends that have a great amount of support to offer.