

PTSD '2" Nina Schloffel, Elayne Mackey

April 2017 Pre board meeting report

PTSD '2' is going at great speed. We have finished two sets of facilitator training. Each set consists of 2 sessions at 2 hours per session. We are now preparing for our third training session. There are approximately 4-6 attendees in each session.

We now have facilitators in the states of CA, AZ, KY, LA, ME, PA, with the possibility of more participants in the near future.

AZ and NE are presenting PTSD/Secondary PTSD seminars in the next month. Nina Schloffel will be representing PTSD '2' during the NE seminar being held in Albion, NE.

One of the many highlights of this peer support group is the joining of quite a few VVA Chapter or State Presidents. They show great interest and we also learn from what they have to share. They are good participants and we appreciate them joining us.

This support group includes Veterans, wives of Veterans and family members but we welcome anyone to take part. Secondary PTSD come in so many forms and affects so many lives.

PTSD '2' is an ongoing program. Once the facilitator training is completed we make sure that the latest news, services and anything relative is passed on to our facilitators. All of us will continue to keep in touch, sharing and learning for the benefit of those that seek our support group.

We continue to have full support of Dr. Tom Berger, Executive Director of the VVA Veterans Health Council and Dr. Tom Hall, VVA PTSD and Substance Abuse Chair.

AVVA saw the need for this peer support group and are very thankful for the results we are seeing.