



Elayne Mackey PTSD '2'

The past few months have been very busy in preparation for this program.

We will be presenting our first PTSD '2' seminar at the VVA/AVVA Leadership Conference in Tucson, AZ. July 2016.

A lot of thought, detail, and research have gone into the presentation. Also what will take place after the seminar is the most important. Those interested will be signing on to be facilitators in their areas.

We have developed a guide for these people based on the CA PTSD '2' program and the luck we have had with the program the past 2 years. This guide will give ideas and suggestions as to how to conduct a group setting, confidentiality, and characteristics of a good moderator and of utmost importance – not acting as a counselor in these sessions. They must recognize the difference between a peer support group and that of a trained counselor.

The work with this program will be ongoing. There will always be new thoughts, books, web sites, and in general – new information related to the subject.

It is our intent to have those interested in attending a PTSD '2' group; enter with hope for a change and leave that session with that feeling affirmed.

I had the pleasure of developing a brochure for PTSD '2'. It was a lot of work but very much worth the time and effort. We are pleased with the finished product and hope that everyone that sees the brochure will gain some understanding from reading it.

A special thank you to VVA Chapter 47, Riverside, CA for funding the printing of this brochure.

This program is one of the many legacies that Associates of Vietnam Veterans of America, Inc. will leave as a legacy. This is exciting to know that we may be leaving something that can be beneficial in years to come.

Elayne Mackey

Nina Schloffel

Supported by VVA:

Dr. Tom Berger

Dr. Tom Hall