



ASSOCIATES OF VIETNAM VETERANS OF AMERICA, INC.

BOARD OF DIRECTOR

Region 7 Report – April 1, 2019

REGION 7: as Region 7 Director, top priorities to encourage for every member to obtain an email, learn more about secondary PTSD, and recruit more members—communication is important.

As AVVA Region 7 Director, from the time I introduced myself to my states, I have made myself available to all via telephone, email, and social media. There are several members from Region 7 on my social media pages. I post many of the events we do in Texas so other states can gather their own ideas to keep AVVA alive and thriving. Texas and Louisiana are very active states and I'm finding out that Oklahoma is very active as well.

Worked with Oklahoma Chapter Rep as she was placed as the State Rep with no guidance. Sent her samples of Agendas, Minutes and how to do fundraisers. We stay in contact to help her succeed in her state and let her know how proud we all are of her and her hard work and stepping up to the plate. Working with AR to get a State Rep. Based on feedback, TX, LA, and OK are thriving and will continue to monitor AR.

Encourage Chapter Reps and President to send out sympathy, get well soon and thinking of you cards to the membership. Express the importance of staying connected. A card can make a difference to build morale which is imperative during our nation's turmoil.

Working now on getting our Region connected with Secondary PTSD. As time goes by quickly, our AVVA members encounter more and more challenges with our aging Veterans. Working with the VA and other agencies to bring awareness of PTSD 2 to assist with common issues.

Still learning on the National Bylaws and Policies and Procedures to provide better service on my behalf to all involved. Trying to work closely with Region 7 for the 501.C.3, and send out messages letting our states know I'm available to assist them with the incorporation of their Chapters/States.

Bring back as much information from the National Board Meetings to share with Region 7, to keep all informed. Encourage State Chapter Reps/Presidents to have their members learn more and keep with their computer skills.

Increase in AVVA membership is a must, but now with the AVVA Dual Life Membership at \$50, the Dual Members for AVVA Chapter 574, Inc., has gone up to 7 dual members in a matter of two months and will continue to grow.

Send out Quarterly Newsletters to Region 7 to acknowledge their accomplishments. Forwarded all emails received reference AVVA Flash News Updates. My goal is to submit nominations for AVVA National Awards for the entire Region. All AVVA members deserve recognition for all their hard work.

Currently serve as Treasurer for the National Foundation for Veterans & Families, Treasurer for the AVVA State of Texas and El Paso AVVA 574, Inc., President.

Respectfully,

Teresa Rangel
Region 7 Director