



*ASSOCIATES OF VIETNAM VETERANS OF AMERICA, INC.*

BOARD OF DIRECTOR

Region 7 Report –July 1, 2019

REGION 7: as Region 7 Director, top priorities keeping our AVVA members informed, Recruiting both new AVVA / VVA members for Dual AVVA Life Membership. Focus on Secondary PTSD for our AVVA membership and maintain good communication.

As AVVA Region 7 Director, periodically send out the Flash News and Quarterly Newsletters to Region 7 to acknowledge their accomplishments. Several members from Region 7, are on my social media pages where they can gather information. Texas events are posted so other states can gather their own ideas to have their AVVA thrive. Texas and Louisiana are very active states as is Oklahoma. Forwarded all emails received reference AVVA Flash News Updates. My goal is to submit nominations for AVVA National Awards for the entire Region. All AVVA members deserve recognition for all their hard work.

Kudos to the Oklahoma Chapter Rep who is doing beautifully as AVVA State Rep considering the lack of mentoring for the position. I was able to support, mentor and provide many examples for her success. Based on feedback, TX, LA, and OK are growing and will continue to work with AR.

As time passes, age is a challenge for our Veterans and AVVA members. I highly encouraged our Chapter Reps and Presidents to send out sympathy, get well soon and thinking of you cards to the membership. A simple card makes a difference.

The challenges of aging is why we need to offer speakers and classes on PTSD 2 so our members realize there is assistance with common issues. You are not alone. The VA is a great source for this topic and I will continue to push this out.

Working closely with Region 7 for the 501.C.3, and send out messages letting our states know I'm available to assist them with the incorporation of their Chapters/States. I send out information from the Board Meetings and National/Leadership Conferences to share with Region 7. Again, communication is key and encourage State Chapter Reps/Presidents to have their members learn more and keep up with technology.

Currently, I serve as Treasurer for the AVVA State of Texas and President for El Paso AVVA 574, Inc. My door is always open.

Respectfully,

Teresa Rangel  
Region 7 Director