

CANDIDATE FOR AVVA REGION III DIRECTOR

Candidate Biography
AVVA, Region III Director

Wynella Bethards #1005033 (Life Member)
4404 Saratoga Woods Drive
Louisville, Ky 40299-8309
(502)718-9277
icejean51@twc.com



I am announcing my candidacy for re-election to the office of AVVA, Region III Director.

I joined AVVA, Chapter 454 in Jeffersontown, Ky in 2011. The next year, I became a life member. I quickly became a believer in the programs of the AVVA. I have always believed that if you can somewhat understand something, you can learn to cope with it.

In 2016, I was elected Chapter Representative. My focus very quickly became on PTSD and PTSD2. I took the facilitator training and started our group. I serve on the AVVA National PTSD2 committee.

Realizing the value of being incorporated, I was able to accomplish this for Chapter 454 in 2023. I serve as President. This has been very productive for the Chapter. We give scholarships, donate to VA Voluntary services as well as several other worthy causes.

In 2023 I ran for AVVA Region III Director and was elected. I have learned a lot and tried to help the Region in any way I can. I serve on the National By-laws committee as chair.

The next few years are going to be critical for AVVA as we move into a new era. I believe I have the knowledge to work with all National officers both VVA and AVVA as we move forward. We have to have steady heads and hands as we transcend. I will do everything I possibly can do for AVVA. There is a lot of work ahead.

Thank you for considering me!

Wynella Bethards

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Personal Information

Married to CSM Gregory Bethards, USA (Retired) for 36 years.
Blended family 5 children, 6 grandchildren and 8 great grandchildren including 2 sets of twins.

Work History

Retired in 2008 from General Electric after 36 years. I did everything from assembly line work to team coordinator. I served as a union steward for IUE Local 761.

Volunteer History

Kentucky Colonels Volunteer at their booth at KY State Fair
Election Poll Worker
Volunteer at Robley Rex VAMC
President 5th District American Legion Auxiliary
National AVVA By-laws Chair
Serve on National AVVA PTSD2 Committee
Facilitator for AVVA Regional and chapter PTSD2
Planner and organizer of Military Child Appreciation Day

Past

Served as a Board Member Saratoga Woods Home Owners Association
Served on AVVA Vista Hours Committee
Dare to Care Volunteer
Served on AVVA Region III Disciplinary Committee
Served on National AVVA Election Board
President American Legion Auxiliary Unit #244 2022-2024