## From Heartbreak to Hope

## October 2025

- Presented program overview during National Convention at AVVA "Roundtable".
- Created promotional blue heart 'stress ball'.
- Conducted From heartbreak to Hope seminar at Texas AVVA State Meeting.
  - o Distributed heart stress ball and other promotional material.
  - o Distributed program administrator contact information.

Kathy Andras

Program Co-Chair

Nina Schloffel

Program Co-Chair