

## **Quarterly Report: PTSD '2' Program - January 2022**

### **Accomplishments:**

- Nominated members to serve as committee Vice-Chairs:
  - Wynella Bethards (Eastern)
  - Barbara Coan (Midwest)
- Represented AVVA PTSD2 Program at County Behavioral Health Coalition Meeting (Zoom)
- Participated in NAMI (National Alliance on Mental Illness) peer support groups (Zoom)
- Collected articles for program study aids

### **Goals:**

- Create post COVID strategy for reintroducing support groups Refresher/initial training (with Vice Chairs)
- Continue building facilitator resource library
- Update training
- Develop Recruitment Program
- Develop quarterly facilitator workshop
  - Schedule workshop
  - Determine presenter assignments
- Expand Facilitator Handbook
  - Upgrade facilitator tools
  - Add study/discussion articles

Respectfully submitted,

Nina Schloffel, National Chair PTSD2 Program

### **Vice Chairs:**

Wynella Bethards - Eastern

Barbara Coan - Midwest