

END OF TERM REPORT: PTSD '2' Program - October 2021

Accomplishments:

- Participated in VVA PTSD/Substance Abuse Committee Meetings (Zoom)
- Represented AVVA PTSD2 Program at County Behavioral Health Coalition Meeting (Zoom)
- Participated in NAMI (National Alliance on Mental Illness) peer support groups (Zoom)
- Updated Facilitator Training
- Provided Facilitator Training

Goals:

- Revitalize PTSD 2 program
 - Refresher/initial training
 - Build resource library
 - Create post COVID strategy for reintroducing support groups
- Develop quarterly facilitator workshop
- Compile Facilitator Handbook
 - Upgrade facilitator tools
 - Add study/discussion articles

Respectfully submitted,

Nina Schloffel, National Chair - PTSD2 Program