Secondary PTSD October 2024

 <u>Eastern Regions</u>: Participated in Facilitator Training, Sessions 1 and 2. Trainee facilitates newPTSD'2' group in Tennessee that started in late September.

Wynella Bethards, Vice Chair - Eastern Regions

Midwest Regions: Nothing new to report other than I did attend the PTSD Seminar at Leadership Conference. Interesting facts were shared on how aging affects PTSD. I sent out a report to Region 6 Representatives and POCs. At Fort Leonard Wood Missouri Retirement Fair had brochures on PTSD available many were taken This event served about 300 Retirees from the Military. I also handed out AVVA PTSD "2" brochures with my card attached to each one.

Barbara Coan, Vice Chair - Midwest Regions

- Western Regions/ProgramTraining Coordinator: Co-administered Facilitator Training, Sessions 1 and 2. Trainee facilitates newPTSD'2' group in Tennessee that started in late September.
- Continue to fine-tune Facilitator Training Sessions.
- Continue to categorize Facilitator Resource Library.
- Promoted Secondary PTSD program in California.

Nina Schloffel, Chair – Western Regions/ProgramTraining Coordinator