

QUARTERLY REPORT: PTSD ‘2’ Program October 2020

Current Activities:

- Participated in VVA PTSD/Substance Abuse Committee Meetings (Zoom)
- Represented AVVA PTSD2 Program at County Behavioral Health Coalition Meeting (Zoom)
- Participated in NAMI peer support groups (Zoom)

Goals through end of term:

- Revitalize PTSD 2 program
 - Refresher/initial training
- Develop quarterly facilitator workshop
 - Schedule initial workshop
- Compile Facilitator Handbook
 - Upgrade facilitator tools
 - Add study/discussion articles

The COVID-19 pandemic prompted cancellation of scheduled monthly and quarterly PTSD 2 support groups. Plans to establish PTSD 2 support groups in new locations have been postponed until pandemic restrictions are withdrawn.

Nina Schloffel, Chair PTSD2 Program