



ASSOCIATES OF VIETNAM VETERANS OF AMERICA, INC.  
**BOARD OF DIRECTOR**  
**Region 7 Report – APRIL 2025**

REGION 7: Hello All,

- Maintain communication with both VVA and AVVA Region 7 Presidents/Chapter Reps to inform them on current updates and to assist them in any way possible. Still working with AR and OK to rekindle members for AVVA activity. TX and LA AVVA are doing well.
- Continue to send out messages to Region 7 members whether it has to do with Flash News, Veteran information or any updates. Send out periodic newsletters during the holidays and special events for AVVA. Remind all to keep track of their VISTA hours and to recognize their members for all awards.
- I've asked region 7 AVVA members if they are receiving my newsletters, and they said no. So, not only do I contact the State Presidents or Representatives, but I've created a State Email List (AR, OK, LA, TX) to ensure members are receiving my emails. Lots of email clean up!
- Remind Region 7 AVVA members the importance of Elections even though this is not a voting year, it's good to encourage members to run for office. Advise several chapters in Region 7, to support their Chapter Reps. Some Reps find it difficult to lead due to health issues. Very thankful to those AVVA members stepping up to the plate to support their members.
- The Disciplinary Committee for Region 7, established back in April 2024, is doing well. No issues to report. This committee includes: Kathy Andras, TX AVVA- Vice President; Paula Braxton, LA Chap. Rep 852; Theresa Neal, AR Chap. POC 808.
- Will attend the National Convention in New Orleans LA in August 2025, and hoping to be elected as your AVVA Region 7 director. Goal is to sign up new AVVA and Dual members. I keep encouraging chapters to incorporate and direct them to Bobbie Morris, Incorporation Chair for assistance or call me when needed.
- Continue to work on ZOOM meetings with Region 7 states. I made two ZOOM meetings with Texas and will pursue the following states: AR, OK and LA. I truly believe that communication is vital to a healthy organization. This is work in progress
- With the passing of many members, I ask for prayers or send cards when needed. Please plan on having a "Heartbreak to Hope" session at the Texas State Council in Oct.

My goal is to recruit new AVVA members and to revive Region 7. Stay in touch as I will do the same. My door is always open.

Respectfully,

Teresa Rangel  
Region 7 Director  
[terri.sirois@gmail.com](mailto:terri.sirois@gmail.com)  
(915) 433-2023