



ASSOCIATES OF VIETNAM VETERANS OF AMERICA, INC.  
BOARD OF DIRECTOR  
Region 7 Report – October 2022

REGION 7: Greetings to All!

Thank you for staying in touch with me. I truly appreciate any information you send reference your state: LA, OK, TX and AR. I continue to receive late election reports and are sent to Suzie to update the Data Roster.

The Flash News and any updates, continues to go out to our Region (LA, OK, TX and AR) and always ask our states to send them out immediately to all the chapters. This keeps our region informed plus it lets them know if there are any actions to be taken.

The latest information from our Leadership Conference that was sent out was the Heartbreak to Hope. Asking our Region 7 states to look this over and embrace this new program to help others. Please let me know who is in need of prayers or just a simple card. It is crucial that our members know they are in our thoughts and in our prayers. Here is the link: [https://www.avva.org/Heartbreak\\_Hope\\_program.pdf](https://www.avva.org/Heartbreak_Hope_program.pdf) and you can always find it on the avva.org page under programs. Always available if you need assistance.

It's never too early to begin thinking about nominating members for awards. Remember our devoted members when the time comes to nominate them! I will continue to remind you about the nominations.

I continue to ask for any photos from you to post on my social media page to keep tabs of our members and to thank them. Call me and I will assist to highlight our region.

Stay in touch and be safe. I am here for you.

Respectfully,

Teresa Rangel  
Region 7 Director