

REGION 7: 2021 has slowly brought some of us to a semi-normal life style because of this pandemic. We continue to push forward and remain optimistic.

I sent several messages out to our region some coming from AVVA National and others generated by myself.

I sent out messages of "Hope," "Faith," and tried to send out messages of encouragement. The main message is to continue our lines of communication.

The Flash News is always great information and I also shared the information from our great state of Texas about the Care Giver programs. I trust our members received these messages so we can take advantage of these programs.

This year more condolence cards were sent out and our prayers never cease for our members and their families. I need our members to know we do make a difference with a simple phone call, email or letter.

Never forget that I'm available to you.

Stay in touch as I will do the same. My door is always open.

Respectfully,

Teresa Rangel Region 7 Director